

American Liver Foundation
Missouri/Kansas Chapter



Your Liver. Your Life.

Resource Guide

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AMERICAN LIVER FOUNDATION

Mission Statement



The American Liver Foundation (ALF) is the nation's leading non-profit organization for promoting liver health and disease prevention. We provide research, education and advocacy for those affected by liver-related diseases, including hepatitis.

The ALF is a national organization fighting liver disease with 26 chapters across the country. Chapters are not independent entities but integral parts of one unified nationwide structure. Each plays a unique role in a coordinated effort to accomplish the stated mission. The ALF is a membership organization and the constituents of each chapter are the dues paying members who reside in that chapter area. Members participate in local programs for their chapters and receive regular educational publications. To ensure that the ALF is moving constantly toward the accomplishment of its mission, this unified structure engages in a coordinated nationwide program.

RESEARCH - To encourage and support the highest quality research related to liver disease to learn more about the causes, prevention, care and treatment, factors leading to complications, and ultimately, to prevent and cure liver disease. More than \$2.6 million is awarded nationally each year. Next to the federal government (NIH), ALF is the second largest source of funding for liver disease research.

PATIENT PROGRAMS - To improve the quality of life for people with liver disease by providing educational programs, publications and information about the treatment of the disease and by providing emotional support for people affected by liver disease.

PROFESSIONAL EDUCATION - To keep physicians and other members of the health-care team apprised of the latest developments in liver disease treatment to help ensure that persons with liver disease are getting the most up-to-date information.

PUBLIC PROGRAMS - To increase the public's awareness of the seriousness of liver disease, to find the millions of people as yet undiagnosed, and to promote the prevention of new cases of liver disease by teaching how the disease is transmitted.

ADVOCACY - To educate legislators about the seriousness of liver disease as a major health issue and to affect governmental policies and programs impacting persons with liver disease.

FUNDRAISING - In order to carry out these programs, an important part of our effort is to raise the maximum amount of money possible to develop and expand the nationwide program of the American Liver Foundation. Without adequate fund raising, none of the other activities of the foundation can be accomplished.

Missouri/Kansas Chapter of the American Liver Foundation

16 Hampton Village Plaza, Suite 215 St. Louis, MO 63109

Phone: 314-352-7377 or 1-866-455-4837 Fax 314-352-7875

missouri@liverfoundation.org

www.liverfoundation.org/missouri

Missouri/Kansas Chapter Facts

Organized by a group of dedicated volunteers, the St. Louis chapter of the American Liver Foundation opened its first office in St. Louis in 1999 • Currently, a staff of five service Eastern Kansas, Missouri and Southern Illinois • The local chapter has grown to become the Missouri/Kansas Chapter • The Missouri/Kansas chapter has raised nearly \$2 million in its seven year history • More than \$1,034,226 dollars has been raised in St. Louis through the Bid for Life Recognition Dinner Auction • These funds are returned to the local community in many ways including operating dollars spent in our local economy • More than 1,717 at risk people in our community have been screened for hepatitis C • More than 2,000 people have been vaccinated for hepatitis A & B • More than \$775,000 in grants have been awarded to liver disease researchers in our local community • Each year more than 14 supports groups for people affected by liver disease are sponsored by the Missouri/Kansas Chapter of the American Liver Foundation • More than 100,000 students in the Missouri Public Education system are educated about the risks of obesity and other risks factors causing liver disease • More than 2,000 brochures are distributed each year to people requesting more information on liver disease • More than 5,000,000 media impressions are made locally each year to promote organ donation and liver disease awareness.

Helpful website links regarding liver disease and hepatitis

<http://altmed.od.nih.gov/> -The National Center for Complementary and Alternative Medicine (NCCAM) for the National Institutes of Healthcare Corporation the developers of “Hepatitis Neighborhood”.

www.hepcbc.org -Check out this site to download the most current version of Peppermint Patti’s FAQ’s© along with other on line publications and up-to-date HCV information.

www.HIVandHepatitis.com -The staff of HIV and Hepatitis.com is a group of individuals closely linked to the communities of people living with HIV, hepatitis B and hepatitis C virus infection. Their common objective is to create a quality online publication that provides practical, reliable information about treatment and experimental vaccine options for these chronic conditions.

www.jacksonwalter.com/hcv/ -The Combo Survival Guide from A to Z, a guidebook written by hepatitis C patients for hepatitis C patients undergoing interferon based therapy.

www.jama.ama-assn.org -The Journal of the American Medical Association maintains a series of easy-to-use peer reviewed collection of resources on specific conditions.

www.jovo.com.hk/page2.htm -JOVO is a diverse group discussing alternative therapies for the treatment of chronic viral hepatitis.

www.junction.net/hepcure/index.html -Hepatitis C United Resource Exchange: their mission is to cultivate an international network promoting hepatitis C education.

www.thelancet.com -The Lancet Interactive independent medical journal.

www.objectivemedicine.com/dbsearch.htm -Informational site: specializes in HCV and alternative medicine. Reports on natural options that others are using to treat symptoms, lower enzyme levels and viral loads. Viral clearance is discussed. Polls and surveys changed weekly.

www.medicalacupuncture.org -The American Academy of Medical Acupuncture (AAMA) site includes information on the practice of acupuncture as well as a helpful acupuncturist referral search engine.

www.naturopathic.org -The American Association of Naturopathic Physicians official homepage. It offers a variety of resources concerning naturopathic medicine including a message board, library and a naturopathic physician finder.

www.nejm.org -The New England Journal of Medicine contains Medline database allowing you to search and order articles containing information on hepatitis C.

www.unos.org -The website of the United Network for Organ Sharing dedicated to the patients waiting and the donor families who have shared the gift of life.

www.nih.gov -The National Institutes of Health (NIH) conducts and supports basic and applied research and training and disseminates information on complementary and alternative medicine to practitioners and the public.

www.altmedicine.com -Alternative Health News Online website provides information on alternative as well as conventional medicine as it relates to various health issues including hepatitis.

<http://ama-assn.org> -The American Medical Association (AMA) site provides a search engine to look up the credential of many doctors in the U.S.

www.bmj.com -British Medical Journal is a free publication with up-to-date information regarding HCV.

www.centerwatch.com -CenterWatch is a clinical trial listing service of industry and government sponsored trials, including recently FDA approved drug therapies.

www.clinicaltrials.com -Current information on clinical research studies.

www.cpmcnet.Columbia.edu/dept/gi -The Division of Digestive and Liver Diseases in the Department of Medicine at Columbia University hosts this website with patient information regarding hepatitis C

www.docguide.com -Doctors Guide is another great resource. It has a medical dictionary and up-to-date news releases regarding HCV.

www.docmisha.com -Paths to Wholeness site helps people become more familiar with the whole system of medicine and healing that comes to us from the East.

www.drkoop.com -Dr. Koop's, former Surgeon General, website provides up-to-date information on hepatitis C and available treatments.

www.dr-zhang.com -Integrative Chinese Medicine site concentrating on Hepatitis C.

www.eBioCare.com -This website provides information on risk factors, lifestyle, diet and treatment options for people living with hepatitis C.

www.healingwell.com/hepatitis/ -A community and information resource site to medical news, feature articles and health information, patient stories, message boards and chat rooms, newsletters, books and directories of disease-related web sites for patients, caregivers, and family coping with diseases, disorders, or chronic illness.

www.hepatology.org -The American Association for the Study of Liver Diseases official journal.

www.hepaware.com -Information on hepatitis C provided by Priority Healthcare Corporation.

<http://pbcers.org> -The PBCers is an organized support system for people who suffer from Primary Biliary Cirrhosis (PBC) and other liver diseases, as well as their family, friends and those who want to learn more about PBC.

www.classkids.org - C.L.A.S.S. Children's Liver Association for Support Services is an all-volunteer, nonprofit organization dedicated to serving the emotional, educational, and financial needs of families coping with childhood liver disease and transplantation. Their goal is to be both a service to families and a valuable resource for the medical community.

Hepatitis C Testing

- **St. Louis Effort for AIDS** – call 314-645-6451 to make an appointment Monday through Thursday, 9:30 a.m. to 5 p.m.; testing is FREE.
- **American Liver Foundation-Missouri/Kansas Chapter** – offers FREE testing to at-risk individuals at different events throughout the year. Please call 314-352-7377 for more information or to find out about the next screening.
- **Columbia/Boone County Health Department** – offers FREE hepatitis C screening to individuals at higher risk for hepatitis C. Includes follow up liver function test and referrals for those who test positive for hepatitis C. Call (573) 874-7355 for more information.

If you find out that you have hepatitis C you will need additional tests to find out if you have any liver damage and if you are eligible for treatment. Some people, have very little or no liver damage, other have some damage (called fibrosis) and some people have much more severe liver damage (called cirrhosis).

Hepatitis A and B Vaccinations

In addition to talking to your primary care provider about getting your hepatitis A and B vaccinations, you can also call the resources listed below.

- **St. Louis Effort for AIDS Vaccine Fridays** – (314) 645-6451

The American Liver Foundation collaborates with EFA and Washington University to offer FREE vaccinations the first Friday of each month from 2-5 p.m. Call to make an appointment.

- **American Liver Foundation-Missouri/Kansas Chapter** – (314) 352-7377

Works with other community agencies to offer FREE vaccinations to uninsured people, through the Missouri Hepatitis Initiative, at different events throughout the year. Please call to find out about the next event.

- **ConnectCare through the St. Louis City Health Department** – (314) 361-2273

- Hepatitis A vaccine (2 shot series): \$29 per shot
- Hepatitis B vaccine (3 shot series):
- Twinrix (A/B combination—3 shot series)***:

- **St. Louis County Health Department** – (314) 522-6410 x 6355

- Hepatitis A vaccine (2 shot series): \$35.00 + \$5.00 administration fee per shot
- Hepatitis B vaccine (3 shot series): \$35.00 + \$5.00 administration fee per shot
- Twinrix (A/B combination—3 shot series)***: \$42.00 + \$10.00 administration fee per shot

For qualified participants, the **St. Louis County Health Department also offers vaccine at little or no cost** through the Missouri Hepatitis Initiative. Please call (314) 522-6410 x 6355 for more information, times and availability. Remember to mention the Missouri Hepatitis Initiative when asking for vaccine!

- **Columbia/Boone County Health Department** – (573) 874-7355

- Hepatitis A vaccine (2 shot series): \$25 per shot; \$5 per shot for those under 19 years of age
- Hepatitis B vaccine (3 shot series): \$30 per shot; \$5 per shot for those under 19 years of age
- Twinrix (A/B combination—3 shot series): \$40 per shot

For qualified participants, the **Columbia/Boone County Health Department also offers free Twinrix vaccine at little or no cost** through the "1,2,3 Program." Please call (573) 874-7355 for more information. Remember to mention the "1,2,3 Program" when asking for vaccine!

Federally Funded Health Centers

If you do not have health insurance or cannot afford a private physician, you can contact a **Federally Funded Community Health Center**. Community Health Centers are funded by the federal government to provide free or low cost health care in local communities. The Health Centers in the St. Louis and Kansas City-area include:

St. Louis:

- **ConnectCare** – 314-361-2273 (Dr. Chou and Dr. Naidu)
- **Grace Hill Neighborhood Health Center** – 314-421-4949
- **Myrtle Hilliard Davis Comprehensive Health Center** – 314-367-5820
- **People’s Health Center** – 314-838-8220
- **St. Louis County Health Department** – 314-615-0600
- **St. Louis City Health Department** – 314-658-1054

Kansas City:

- **Swope Health Services** – Several locations throughout the Kansas City-area; (816) 923-5800
- **Samuel U. Rodgers Community Health Centers** – Several locations throughout the Kansas City-area; (816) 474-4920
- **Kansas City Free Health Clinic** – (816) 753-5144
- **Duchesne Clinic** – (913) 321-2626
- **Jackson County Free Health Clinic** – (816) 404-6455
- **Kansas City Health Department** – (816)513-6008

Hepatologists and Gastroenterologists

Hepatitis treatment is most often provided by Hepatologists and gastroenterologist. Internist and Primary care physicians also sometimes provide treatment in consultation with liver disease specialist. The following hospitals in our area have liver disease specialist on staff.

St. Louis:

- **Barnes Jewish Hospital** – GI & Hepatology Department, 314-362-8940

- **St. Anthony's Medical Center** – St. Louis Gastroenterology, 314-543-5200
- **St. Louis University Hospital** – GI & Hepatology Clinic, 314-977-6150
- **St. Luke's Hospital** – Digestive Disease Medical Consultants (Dr. Heather White)—314-434-2399

Kansas City:

- **Kansas University Medical Center, Department of Medicine** – (913) 588-3982
- **Truman Medical Center GI Clinic** – (816) 292-9114
- **Via Christi Regional Medical Center** -929 N. St. Francis St., Wichita, Kansas 67214
Gastroenterology Department-316-268-5040

Columbia:

- **Jamal A. Ibdah, M.D., Ph.D., A.G.A.F.**- Missouri Digestive Health Center – One Hospital Drive, M580a, Columbia, MO 65212; Telephone (573)882-1013; Fax (573)884-4595;
WWW.INTMED.MUHEALTH.ORG/GAST/

Arkansas:

- **Arkansas Children's Medical Center**-Soon to start a liver transplant program. Dr Maryelle Vonlanthen, 10220 W Markham, Little Rock, AR. 501-228-5462
- **UAMS**-Little Rock, AK, Donna Floyd, adult transplant coordinator
501-686-6644

Oklahoma:

- **Digestive Disease Specialists Inc.** – 405-702-1300
- **Oklahoma Transplant Institute (OTI)** -Baptist Hospital, 3300 NW Expressway , Oklahoma City, OK **Dr. Ahmed Gurakar, MD and Dr. Harlen Wright, MD** – 1.800.991.3349 or 405.949.3349
- **Green Country Gastroenterology**- 7702 E. 91st Suite 200,Tulsa OK 74133
Sheldon C. Berger, D.O., F.A.C.O.I -918.496.-4373
- **Adult Gastroenterology Clinic**- 6465 S Yale, Suite 715, Tulsa, OK 74136
Dr. Douglas Kliewer, MD -918.481.4700
- **Tulsa Gastroenterology, Inc.** -1725 East 19th Street, Suite 600, Tulsa, OK 74104-5644
Sarah Von Muller, M.D., MPH -918.749.3939

- **Green Country Diagnostic Center** -3345 S. Harvard/Suite 301, Tulsa, OK 74135
Dr. David S. James, D.O., F.A.C.G. -918.749.3399
- **Dr. Peter Aran, MD and Dr. John R. Hood, MD**- 6565 S. Yale, Suite 209, Tulsa, OK 74136 -918.494.9433
- **Dr. Norman M. Simon, MD**-1725 E 19th St., Suite 703, Tulsa, OK 74104 -918.749.3939
- **Dr. Nicholas D. Mamalis, MD** -6465 S. Yale, Tulsa, OK 74136 -918.481.4700
- **Adult Gastroenterology Association** - 6465 So. Yale, #715, Tulsa, OK 74136
Dr. Markham L. Nightengale, M.D. -918.481.4700

Hepatitis C Treatment Assistance for the Uninsured

The cost of hepatitis C treatment can be expensive. If you are insured, most health insurance companies do cover the cost of the recommended treatments. If you are uninsured or underinsured there are programs available to help with the cost of hepatitis antiviral drug treatment.

One program is called Partnership for Prescription Assistance (PPA) which is a network with 475 prescription plans in the United States. These programs offer discounted (and sometimes free) medications to qualified, enrolled participants. The contact information for PPA is:

Partnership for Prescription Assistance
<https://www.pparx.org/Intro.php> or 1-888-4-PPA NOW

Other programs include:

Together Rx Access
www.togtherrxaccess.com
1 800 444-4106

Together Rx Access provides a 25% to 40% discount on the price of medication offered by the plan.

The manufacturers of antiviral medications also have **clinical trials** and **patient assistance programs** that provide free or low cost medication to those that qualify.

Schering Corporation
1 888 437-2608
www.beincharge.com

Roche Laboratories
1 877 Pegasys (734-2797)
www.pegasys.com

Miscellaneous Prescription Assistance

The Pharmaceutical Research and Manufacturers of America

1-800-762-4636 for free directory

<http://www.helpingpatients.org>

This is an organization that includes 48 drug companies that have assistance programs offering medications for free -- or for reduced prices -- to people who cannot afford to pay full price. Each company has different rules about who gets help, but the programs really work.

U.S. Department of Veterans Affairs

1-877-222-VETS

http://www1.va.gov/health_benefits

Eligible veterans can get prescriptions filled for just \$7 per month per drug through the VA. Purple Heart awardees, former POWs, and disabled vets receive highest priority. Other new enrollees must meet a means test that varies according to the veteran's state and county of residence. The veteran must be seen by a VA doctor.

Senior Rx

Missouri: 1-800-375-1406

<http://www.dhss.mo.gov/MoSeniorRx>

Illinois: 1-800-624-2459

<http://www.seniorcareillinois.com>

Many states have additional prescription drug programs for needy senior citizens. In Missouri and several other states, they are called Senior Rx. Illinois calls theirs Senior Care.

Help for Uninsured Children

1-877-KIDS-NOW

<http://www.insurekidsnow.gov>.

Families who need help paying for their children's prescriptions should look into their state's Children's Health Insurance Program. Children who don't have other health insurance and whose families' incomes are less than 300 percent of the federal poverty level may be eligible. Call 1-877-KIDS-NOW or go to <http://www.insurekidsnow.gov>.

Indigent Prescription Programs

www.edhayes.com/indigent.html

Description: The research-based pharmaceutical industry has had a long standing tradition of providing prescription medications free of charge to physicians whose patients might not otherwise have access to necessary medications.

Information Available: This site contains a list of names and telephone numbers of prescription drug companies that have indigent programs in place.

NeedyMeds

www.needymeds.com

Description: NeedyMeds is an information source to assist individuals who can not afford prescription drugs.

Information Available: Contact information for patient assistance programs which can be accessed by drug or program name. Also includes Medicaid links, Federal Poverty Guidelines, pharmaceutical discount card comparisons and news articles.

Emergency Assistance Resources

The Salvation Army—Midland Division

1130 Hampton Avenue
St. Louis, MO 63139
(314) 646-3000

Services are provided to all of Missouri and Southern Illinois but Kansas City. Provides emergency assistance, services include grocery vouchers, utility assistance, clothing and casework.

The Salvation Army—Kansas and Western Missouri Division

3637 Broadway
Kansas City, MO 64111
(816) 756-1455

Services are provided to Kansas City and the state of Kansas. This program provides aid for families who need rent, utility, clothing, food or other unforeseen assistance that cannot wait.

Catholic Charities

The following services are provided to people who do not make enough to make ends meet or encounter a financial crisis: cash assistance, clothing, help with utility bills, temporary shelter, and food through soup kitchens and food banks

Diocese of Jefferson City

605 Clark Ave
Jefferson City, MO 65101-4158
Phone: (573) 635-9127
Fax: (573) 635-2286

Catholic Charities—Kansas City

1112 Broadway Street
Kansas City, MO 64105-1518
Phone: (816) 221-4377
Fax: (816) 221-9116

Diocese of Springfield-Cape Girardeau

601 S Jefferson Ave
Springfield, MO 65806-3143
Phone: (417) 866-0841
Fax: (417) 866-1140

Catholic Charities Archdiocese of St. Louis

4532 Lindell Blvd
St. Louis, MO 63108-2002
Phone: (314) 367-5500
Fax: (314) 367-2982

Missouri Community Action Agencies

MCCA's provide emergency assistance such as food, utility and housing.

Central Missouri Counties' Human Development Corporation (CMCHDC)

807B North Providence Road

Columbia, MO 65203-4359

Serving Counties: Audrain, Boone, Callaway, Cole, Cooper, Howard,
Moniteau, Osage

Community Action Agency of St. Louis County (CAASTLC)

2709 Woodson Road

St. Louis, MO 63114

Serving Counties: St. Louis County

Community Action Partnership of St. Joseph (CAP of St. Joseph)

P.O. Box 3068

817 Monterey Street

St. Joseph, MO 64503-3068

Serving Counties: Andrew, Buchanan, Clinton, Dekalb

Community Services, Inc. of Northwest Missouri (CSI)

P.O. Box 328

1212B South Main

Maryville, MO 64468-0328

Serving Counties: Atchison, Gentry, Holt, Nodaway, Worth

Delta Area Economic Opportunity Corporation (DAEOC)

99 Skyview Road

Portageville, MO 63873

Serving Counties: Dunklin, Mississippi, New Madrid, Pemiscot, Scott,
Stoddard

East Missouri Action Agency (EMAA)

107 Industrial Drive

Park Hills, MO 63601

Serving Counties: Bollinger, Cape Girardeau, Iron, Madison, Perry,
St. Francois, Ste. Genevieve, Washington

Economic Security Corporation of the Southwest Area (ESC)

P.O. Box 207

302 South Joplin Street

Joplin, MO 64802-0207

Serving Counties: Barton, Jasper, McDonald, Newton

Green Hills Community Action Agency (GHCAA)

P.O. Box 278

1506 Oklahoma Avenue

Trenton, MO 64683-0278

Serving Counties: Caldwell, Daviess, Grundy, Harrison, Linn, Livingston, Mercer, Putnam, Sullivan, Carroll, Ray

Human Development Corporation of Metropolitan St. Louis (HDC)

929 North Spring

St. Louis, MO 63108

Serving Counties: City of St. Louis and Wellston

Jefferson-Franklin Community Action Corporation (JFCAC)

P.O. Box 920

Hillsboro, MO 63050

Serving Counties: Franklin, Jefferson

Missouri Ozarks Community Action, Inc. (MOCA)

306 South Pine Street

Richland, MO 65556

Serving Counties: Camden, Crawford, Gasconade, Laclede, Maries, Miller, Phelps, Pulaski

Missouri Valley Community Action Agency (MVCAA)

1415 South Odell

Marshall, MO 65340-0550

Serving Counties: Carroll, Chariton, Johnson, Lafayette, Pettis, Ray, Saline

North East Community Action Corporation (NECAC)

P.O. Box 470

16 North Court Street

Bowling Green, MO 63334-0470

Serving Counties: Lewis, Lincoln, Macon, Marion, Monroe, Montgomery, Pike, Ralls, Randolph, Shelby, St. Charles, Warren

Northeast Missouri Community Action Agency (NMCAA)

P.O. Box 966

1011 S. Jamison

Kirksville, MO 63501-0966

Serving Counties: Adair, Clark, Know, Scotland, Schuyler

Ozark Action, Inc. (OAI)

P.O. Box 588

710 East Main

West Plains, MO 65775-0588

Serving Counties: Douglas, Howell, Oregon, Ozark, Texas, Wright

Ozarks Area Community Action Corporation (OACAC)

215 South Barnes

Springfield, MO 65802-2204

Serving Counties: Barry, Christian, Dade, Dallas, Greene, Lawrence,
Polk, Stone, Taney, Webster

South Central Missouri Community Action Agency (SCMCAA)

P.O. Box 6

Old Alton Road

Winona, MO 65588-0006

Serving Counties: Butler, Carter, Dent, Reynolds, Ripley, Shannon, Wayne

United Services Community Action Agency (USCAA)

6323 Manchester

Kansas City, MO 64133-4717

Serving Counties: Clay, Jackson, Platte

West Central Missouri Community Action Agency (WCMCAA)

P.O. Box 125

106 West 4th Street

Appleton City, MO 64724-0125

Serving Counties: Bates, Benton, Cass, Cedar, Henry, Hickory, Morgan,
St. Clair, Vernon

Support Groups

Cape Girardeau, MO - Hepatitis Support Group of Southeast MO

Meets 4th Thursday of each month; 7:00 p.m.

Option Care, #61 Doctor's Park

Phone: 573-335-3960

Contact Bettye Crockett for more information.

Columbia, MO - Hepatitis C Support Group

Meets 2nd Monday of each month; 7-8:30pm

University of Missouri-Columbia Hospital - Conference Room GL11

Phone: 1-866-434-1975

Contact Bruce Burkett (mohca@mcmsys.com) for more information.

For more information see our website: <http://mohca.tripod.com/>

Lake of the Ozarks, MO - Hepatitis C Support Group

Meets 3rd Sunday of each month; 1:00-2:30 pm

Lake Regional Hospital Conference Room D

Phone: 1-866-434-1975

Contact Bruce Burkett (mohca@mcmsys.com) for more information.

See our website: <http://mohca.tripod.com/>

St. Louis, MO - Liver Transplant Support Group

Meets 4th Wednesday of each month; 1:00 p.m.

St. Louis University Hospital Learning Resource Center

Phone: 314-577-8867

Contact Betsy Mackey for more information.

St. Robert, MO - Mid-Missouri Hepatitis C Support Group

Meets 3rd Monday of each month; 7:00pm

Fort Leonardwood Army Hospital, St. Robert, MO

Phone: 573-336-3029

Contact Chuck and Joyce Lynn (help4hepc@yahoo.com) for more information.

Springfield, IL - Hepatitis C Support Group

Meets 3rd Monday of each month; 6-8pm

Springfield Department of Public Health, 1415 E. Jefferson

Phone :217-789-2182

Contact Don Hunt for more information.

Kansas City, MO - VA Hepatitis Support Group

Meets 3rd Tuesday of the month; 4 -6 pm

Kansas City Veterans Hospital, Research Bldg., 7th floor, Room 700

Phone: 816-861-4700 x7046

Contact Ruth Corbett for more information.

Neosho, MO - Southwest MO Hepatitis Support Group

Meets Meets 2nd Tuesday of each month; 6:30-8:30pm

Neosho Recreation Center

Phone: 417- 451-7969

Contact Donna Carnicle for more information.

Meetings open to all patients with liver disease.

PBCers Online Support Groups - <http://pbcers.org>

Meets for scheduled chats: Tuesdays 2:00-4:00 pm EST & Sundays 8:00-10:00 pm EST;

Chatroom is available for other chats anytime, 24 hours a day.

To subscribe to PBC Daily Digest or to enter the chatroom, go to <http://pbcers.org>.

Jefferson City, MO - Hepatitis C Support Group

Meets 3rd Sunday of each month; 4:00 p.m.

Option Care, located at 1440 Aaron Court (Off Christy to Oscar to Aaron)

Phone: 1-866-434-1975

Contact Bruce Burkett (mohca@mcmsys.com) for more information.

See our website: <http://mohca.tripod.com/>

Kansas City, KS - Liver Transplant Support Group

Meets First Wednesday of each month; 7:00 p.m.

KU Medical Center, Wyandotte Room

Phone: 816-455-2940

Contact Greg for more information.

Parking garage and street parking available.

St. Louis, MO - Post & Pre Liver Transplant Support Group

Meets 3rd Wednesday of each month; 7:00-9:00 p.m.

Barnes-Jewish Hospital- Center for Advanced Medicine, 3rd Floor, Farrell Conference Room #2

Phone: 314-362-1956

Contact Teri Novack, MSW, LCSW for more information.

Farmington, MO - Hepatitis Support Group

Meets 1st Tuesday of each month;

Life Center in Farmington, MO

Phone: 573-701-0680

Contact Deborah Phelps for more information.

Columbia, MO - Mid-Missouri Liver Transplant Support Group

Meets First Wednesday of the month; 2:00 - 3:00 pm

Room D237, VA Hospital, 800 Hospital Dr., Columbia, MO

Phone: 573-814-6334

Contact Suzanne Opperman for more information.

This meeting is for pre and post transplant patients. Every other month a guest speaker will present information.

Sedalia, MO - Hepatitis Support Group

Meets 2nd Thursday of the month; 7 - 9 pm

Pettis County Health Department

Phone: 1-866-434-1975

Contact Bruce Burkett (mohca@mcmsys.com) for more information.

See our website: <http://mohca.tripod.com/>

Springfield, MO - Hepatitis Support Group

Meets 2nd Wednesday of each month; 7 - 9:00 pm

The Doctor's Hospital, Doctor's Conference Room, 2828 North National Avenue

Phone: 1-866-434-1975

Contact Bruce Burkett (mohca@mcmsys.com) for more information.

See our website: <http://mohca.tripod.com/>

Hannibal, MO-Hepatitis Support Group

Meets 2nd Wednesday of each month; 5:30-7:00pm

Marion County Health Department

Phone: 1-866-434-1975

Contact Bruce Burkett (mocha@mcmsys.com) for more information.

See our website: <http://mohca.tripod.com/>

St. Louis, MO-Hepatitis Support Group

Meets 2nd Thursday of each month; 5:00 p.m.

St. Louis Gastroenterology Consultants, P.C., 10020 Kennerly Rd, Suite 101

Phone: 314-543-5200 x2931

Contact Mary Ann Gadell for more information.

Dinner Provided.

St. Louis, MO-Veteran's Hepatitis C

Meets Thursday; 2:00 pm - 3:00 pm

VA Medical Center Jefferson Barracks, Bldg 51, Room 1E 145

Phone: 314-894-6598

Contact Mary D'Angelo for more information.

This support group is for veterans with Hepatitis C and meets every Thursday.